When Mommy Has Our Baby

written by Rachel A. Cedar
illustrated by Tara J. Hanson
The arrival of your newest addition is almost here! Help prepare your older child to welcome a new sibling by reading “When Mommy Has Our Baby” together in the final weeks of your pregnancy. This sweet, whimsical book provides you with an opportunity to address the upcoming separation from your child when you go to have your baby. Prepare your child for the birth by talking about where you will go when it’s time to have the baby, who will stay with your child while you are gone, and how it will be different when the baby comes home. You will also learn simple tools to stay connected with your child while you are apart. A new baby is cause for a celebration, but your older child may not feel that way! This book validates your child’s feelings and encourages him/her to talk about and explore the big emotions that come along with this huge life transition. “When Mommy Has Our Baby” is the perfect way to make this uncertain time feel more predictable and familiar as your Big Kid becomes a Big Sib.

**Book Information**

Paperback: 40 pages  
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Shipping Weight: 5 ounces (View shipping rates and policies)  
Average Customer Review: 4.6 out of 5 stars  
Best Sellers Rank: #126,625 in Books (See Top 100 in Books)  
   #56 in Parenting & Relationships > Family Relationships > Siblings  
   #280 in Health, Fitness & Dieting > Women’s Health > Pregnancy & Childbirth

**Customer Reviews**

What I like:  
- It is from the child’s perspective and addresses some of the not-always happy or nervous feelings a child may have with the birth of a new sibling. The book sends the message that it’s ok to feel confused or unsure, which I think is great. While I think it’s important to focus on the excitement of a new baby, it is nice to address the confusion/frustration that can happen too.  
- The pictures are full of detail and fun to look at.  
- Mommy has a realistic large tummy after baby is born.  
- The book talks about how mommy will have to go to the hospital and will be away to have the baby. It also shows the child going to visit mommy at the hospital.  
- The story covers right before birth and
after baby comes home. It points out that the baby will need to be fed/held and mommy may not be immediately available like she is now. I like that it talks about how the big brother’s life may be a little different, but that he is always loved.- It encourages children to talk to their parents if they are having a hard time or feeling sad after baby comes home.

What I’m not a fan of:- Multiple pages of the book (at least 5 maybe more) are dedicated to how long mommy will be gone and how sad that might be. I agree with the other reviewers that it is way too much. When I read this extensive part of the story, my almost three year old seems a little sad/down which is NOT what I want. I usually skip some pages or make up other words to talk about how she may miss mommy, but she’ll have special alone time with Grammy and Grandpa.- There is little focus on how fun being a big brother/sister will be. As I said above, it focuses more on the possible negative emotions that may happen.

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