Synopsis

Principles of Athletic Training: A Competency-Based Approach is designed to be used by athletic trainers in courses concerned with the scientific, evidence-based and clinical foundations of athletic training and sports medicine. The text leads the student from general foundations to specific concepts relative to injury prevention, evaluation, management, and rehabilitation. As the student progresses from beginning to end, he or she will understand the complexities of the profession of athletic training. An over-arching goal of the text is to make certain that each and every one of the educational competencies identified by the Education Council is specifically covered. After using this text the student should be able to apply the appropriate techniques and concepts in the day-to-day performance of his or her job as an athletic trainer.

Book Information

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Customer Reviews

An absolute must for any A.T.s out there. Everyone should have a copy in their library. New techniques that are supported by new science and legislation this book is an up to date manual for the athletic trainer.
This is possibly my favorite text book and I've never been happy about a text book for college in my life. Usually they get shoved in the back of my closet after my class is over. This is a part of my normal book shelf and my go to for medical reading. I have learned a lot in this book along with my class. If you need this book for a class it's a good text book, but if you just want to have a text book of injuries, such as sprang's, torn ligaments, wraps, and my favorite, medical taping for these injuries this is a very informative book to have.

Great book to learn how to work with athletes who are recovering from injury or who had a recent injury. This book has step by step information when talking to a patient or athlete. Each chapter covers a different joint (GH, elbow/wrist, hip, knee, ankle.....) AWESOME book for gym owners to help out their athletes.

Great book I am sure.....They need to tell you it does NOT come with the connect card. That way i would have just purchased a used book and bought the connect online via the connect site, instead of buying a BRAND NEW book and still having to buy connect separate.

My favorite thing about this book is how much information is crammed into every page. Small type and a dump load of words. Perfect for people who plan to resent their athletic training class by the middle of the semester. Not a complete disaster of a textbook, I'm sure there are worse. But good luck if it's a required textbook. I'd invest in some tear drops- you're gonna be crying really late at night.

I bought this book for my functional anatomy class. Even though I don't read the entire chapter, the parts I do read are very thorough and detailed. It can be hard to get through at times, but the tables for origin, insertion, and action are very helpful.

It was totally misleading. I thought I was buying the American edition only to receive the book and find out I'd gotten the international edition. Extremely disappointing, especially since the American edition was about $100 more expensive.

Perhaps it has been improved in the 15th edition but I have found so many spelling errors and I just feel that they stay too much on the surface instead of actually explaining the topics in detail. Maybe it’s supposed to be that way...
Principles of Athletic Training: A Competency-Based Approach

Puppy Training: How To Train a Puppy: A Step-by-Step Guide to Positive Puppy Training (Dog training, Puppy training, Puppy house training, Puppy training... your dog, Puppy training books Book 3)

Puppy Training: Step By Step Puppy Training Guide- Unique Tricks Included (puppy training for kids, puppy tricks, puppy potty training, housebreak your dog, obedience training, puppy training books)


Kettlebell Training: Rapid Muscular Enhancement and Athletic Development Using Kettlebell Only Training (Kettlebell Training and Workouts Book 1)

Puppy Training Guide 4th Edition: The Ultimate handbook to train your puppy in obedience, crate training and potty training (Training manual, Puppy Development, ... Training, Tracking, Retrieving, Biting)

Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house training, puppy training guide, dog tricks)

Puppy Training: 10 Worst Puppy Training Mistakes That Can Ruin Your Dog (And How To Train Them Right)

Puppy Training: The Ultimate Guide to Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house training, puppy training guide, dog tricks)

Life Centered Career Education: A Competency-Based Approach

Theory and Treatment Planning in Family Therapy: A Competency-Based Approach

Clinical Supervision: A Competency-Based Approach

It Pays to Win on Defense: A game-based soccer approach to developing highly effective defenders (Game-based Soccer Training) (Volume 2)

PUPPY TRAINING: DOG TRAINING: Crash Course in Training Your Dog in Days, Housebreak and Obedience Puppy Training Guide Book

Puppy Training: How to Housebreak Your Puppy In Just 7 Days (puppy training, dog training, puppy house breaking, puppy housetraining, house training a puppy,)

Brain Games for Dogs: Training, Tricks and Activities for your Dog’s Physical and Mental wellness (Dog training, Puppy training, Pet training books, Puppy ... games for dogs, How to train a dog Book 1)

Potty Training In 3 Days: Quick And Easy Guide To Potty Training Your Toddler In As Short As 3 Days (potty training, toddlers, toddler, toilet training)

Puppy Training: How to Housebreak Your Puppy in Just 7 Days: (Puppy Training, Dog Training, How to Train A Puppy, How To Potty Train A Puppy, How To Train A Dog, Crate Training)

Handbook of Biblical Hebrew: An Inductive Approach Based on the Hebrew Text of Esther (An Inductive Approach Based on the Hebrew Text of Esther, 2 Vols. in 1)