A Healing Path For Womb Twin Survivors
**Synopsis**

A self-help book for womb twin survivors, who are the sole survivors of a twin or multiple pregnancy. Thirty steps to healing, including the background theory, practical steps and self-development exercises. Based on the findings of the Womb Twin Survivors research project headed by Althea Hayton. Derived from hundreds of interviews with womb twin survivors, a path to healing is documented in full detail, illustrated with real stories and case studies of womb twin survivors at various stages on their journey. Fully illustrated with tables, checklists and practical exercises. Includes specific advice and help for the sole survivors of either a monozygotic (identical) twin pair, or a dizygotic (fraternal) twin pair or a multiple pregnancy (triplets, quads or more.) Althea Hayton is a womb twin survivor herself and has walked the same path to healing and a new life.

**Book Information**

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#291 in Parenting & Relationships > Family Relationships > Siblings  
#2812 in Medical Books > Psychology > Psychotherapy, TA & NLP  
#3186 in Health, Fitness & Dieting > Psychology & Counseling > Psychotherapy, TA & NLP

**Customer Reviews**

Very well written, and nice to know others have the same thoughts and feelings.  
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A Healing Path for Womb Twin Survivors  
A Cry from the Womb: Healing the Heart of the World: A Guide to Healing and Helping Souls Return to the Light After Sudden Death, Miscarriage, Stillbirth or Abortion  
Twin The Lone Twin: Understanding Twin Bereavement and Loss  
Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul’s Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner)  
Twin
Flames: The Soul Journey Back to Oneness (Twin Flames, Soulmate, reincarnation, love yourself)
Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing,

Dmca